



## **PREMIER EDUCATION SOCIETY'S TRINITY INTERNATIONAL SCHOOL**

### **TRINITY INTERNATIONAL SCHOOL**

#### **HEALTH & SAFETY POLICY**

#### **School Vision**

Quality education at moderate cost to the masses.

#### **School Mission**

Holistic development through inter-disciplinary approach to build 21st century skills and create conscientious citizens with a global perspective.



## TRINITY INTERNATIONAL SCHOOL Health & Safety POLICY

Sr No	Content	Page No.
1	Policy Objectives	3
2	Health and Medical Support	3
3	Attendance and Monitoring	3
4	Transportation Safety	4
5	Campus Security	4
6	Safeguarding and Child Protection	4
7	Emergency Preparedness	5
8	Student Well-Being	5
9	Socio-Emotional Learning Programme (SEL)	5
10	Communication and Reporting	6
11	Compliance and Review	6
12	Responsibilities	7



At Trinity International School, we are committed to providing a safe, secure, and healthy environment for all students, staff, and stakeholders. This policy outlines the comprehensive health and safety measures in place to ensure the physical and emotional well-being of our school community.

## **1. Policy Objectives**

- To prioritize the health, safety, and well-being of all students and staff.
- To establish and maintain a safe physical environment.
- To comply with applicable legal and regulatory requirements, including the Protection of Children from Sexual Offences (POCSO) Act and other health and safety guidelines.
- To foster a culture of awareness, preparedness, and mutual respect among staff, students, and parents.
- The School Health & Safety Policy aligns with the State Government stipulation and recommendations.

## **2. Health and Medical Support**

### **Infirmary**

- A well-equipped infirmary is maintained on campus to provide immediate medical care.
- A qualified nurse is present during school hours to attend to emergencies.
- Tie up with two close-by hospitals for emergencies.
- **Routine health check-ups for students and staff are organized annually.**
- Medical records of students are maintained and updated regularly.
- Parents are informed promptly in case of medical emergencies.

### **Health Awareness**

- Regular workshops are conducted to promote hygiene, nutrition, and mental health awareness.
- Sensitization programs are organized for parents on topics such as mental health and adolescent well-being.

## **3. Attendance and Monitoring**

### **Digital Attendance System**

- Online attendance is recorded through a punch-in system, ensuring accurate monitoring.
- Parents are notified of student attendance through the school's digital platform.

### **Student and Parent Identification Cards**

- Every student is issued a Student ID card, mandatory to wear on campus.
- Parents/guardians are issued Parent ID cards to ensure secure student pick-ups.



#### **4. Transportation Safety**

- All school buses are equipped with GPS tracking systems, enabling real-time location updates for parents and the school administration.
- Each bus has a trained driver and a support staff member for supervision.
- Strict compliance with transport safety rules and adherence to speed limits.
- Regular vehicle maintenance checks and audits to ensure roadworthiness.

#### **5. Campus Security**

- **Closed-Circuit Security Cameras:**
  - Installed at all critical locations, including classrooms, corridors, gates and common areas, to ensure 24/7 monitoring.
  - Regular reviews of CCTV footage to address any concerns.
- **Controlled Access:**
  - All visitors must register at the school gate and are permitted entry only after verification.
  - Entry and exit of students are monitored by security personnel.

#### **6. Safeguarding and Child Protection**

##### **Teacher and Staff Training**

- Regular workshops are conducted for all staff on:
  - POCSO Act guidelines.
  - Prevention of bullying, harassment, and abuse.
  - Emergency response and first aid.

##### **Support Staff Sensitization**

- Training programs for non-teaching staff on appropriate behavior, child safeguarding, and emergency protocols.
- Ensuring all staff members are vetted through background checks.

##### **Anti-Bullying Measures**

- A zero-tolerance policy for bullying, harassment, or discrimination.
- Awareness campaigns and a dedicated counseling team to address grievances.



## 7. Emergency Preparedness

- **Evacuation Drills:**
  - Periodic fire and disaster evacuation drills conducted for students and staff.
- **Emergency Response Plan:**
  - A detailed and updated emergency response plan displayed in all classrooms and corridors.
- **First Aid Training:**
  - All teachers and staff undergo basic first aid and CPR training.

## 8. Student Well-Being

- Teachers and student support services available for emotional and psychological assistance.
- Peer mentoring programs to promote inclusivity and support among students.
- Activities and programs designed to enhance life skills, resilience, and coping strategies.

## 9. Socio-Emotional Learning Programme (SEL)

At Trinity International School, the socio-emotional wellbeing of our students is a cornerstone of our holistic education philosophy. Our Socio-Emotional Wellbeing Program (SEWP) is designed to nurture resilience, empathy, self-awareness, and interpersonal skills across all grades, creating a supportive and inclusive school community.

### Program Objectives

1. **Promote Emotional Intelligence:** Equip students with the ability to recognize, understand, and manage their emotions effectively.
2. **Foster Resilience:** Develop coping strategies to handle stress, setbacks, and challenges.
3. **Enhance Relationships:** Encourage respectful and meaningful interactions among peers, teachers, and families.
4. **Build Self-Esteem:** Help students develop confidence and a positive self-image.
5. **Cultivate a Safe Environment:** Create a culture of trust and inclusivity where students feel heard and supported.

### Program Framework

#### Core Pillars

The program is built on five foundational pillars:

- **Self-Awareness:** Understanding personal strengths, weaknesses, and emotions.
- **Self-Management:** Developing self-discipline, goal-setting, and stress management skills.
- **Social Awareness:** Fostering empathy and appreciation for diversity.
- **Relationship Skills:** Encouraging collaboration, active listening, and conflict resolution.



- **Responsible Decision-Making:** Promoting ethical, constructive, and mindful choices.

## Support Services

- **Open-Door Policy:** Students can approach teachers, or mentors with concerns without hesitation.
- **Parent Engagement:**
  - Regular workshops for parents on supporting socio-emotional growth at home.
  - Feedback channels for parents to share insights or concerns about their child's well-being.

## School-Wide Initiatives

- **Buddy Program:** Pairing peers for guidance and support.
- **Mindfulness:** Bi-weekly mindfulness practices to reduce stress and enhance focus.
- **Kindness Campaigns:** School-wide initiatives promoting acts of kindness and community service.
- **Annual Well-Being Week:** A week dedicated to mental health awareness, workshops, and fun activities.

## Professional Development for Teachers

- Regular training on recognizing signs of socio-emotional distress and fostering a positive classroom environment.
- Workshops on integrating socio-emotional learning (SEL) into daily teaching practices.

## Impact Goals

By embedding socio-emotional learning into the fabric of our school, TIS aims to:

- Empower students to thrive academically and personally.
- Build a compassionate and collaborative school culture.
- Equip students with life skills essential for future success.

## 10. Communication and Reporting

- **Incident Reporting:**
  - A transparent system for reporting accidents, injuries, or misconduct is in place.
- **Parental Engagement:**
  - Regular communication with parents regarding safety updates, health workshops, and student well-being initiatives.
- **Feedback Mechanism:**
  - An open channel for students and parents to provide feedback on health and safety measures.

## 11. Compliance and Review



- This policy is reviewed annually by the school administration in collaboration with health and safety experts.
- Compliance with local and national regulatory standards is ensured at all times.

**Responsibilities:**

- **School Administrators:**
  - To enforce health and safety policies and procedures
- **Teachers and Staff:**
  - To promote and adhere to safety guidelines and procedures
  - To report safety concerns to school administrators
- **Students:**
  - To report any safety hazards or concerns to a trusted adult

Reviewed On:

Next review: